**Year 9 BTEC Sport**

|  | **Topic** | **Key concept – what do I want the students to learn from this unit?** | **What knowledge will they acquire?** |
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|  **YEAR 9 OVERVIEW** |
| **Y9 - half term 1****Y9 – half term 2** | Unit 2 Practical Sports PerformanceAssignment 2Sports Coaching Company | For learning aim B, you will take part in a variety of sports. These may be sports inwhich you excel or have a particular interest. You are required to demonstrate the skills, techniques and tactics within each of the sports selected for assessment. | Learning aim B: Practically demonstrate skills, techniques and tactics inselected sportsTopic B.1 Components of physical fitnessTopic B.2 Technical demandsTopic B.3 Tactical demandsTopic B.4 Safe and appropriate participationTopic B.5 Relevant skills and techniquesTopic B.6 Relevant tacticsWhat needs to be learntTopic B.7 Effective use of skills and techniques, and the correct application ofeach componentTopic B.8 Effective use of skills, techniques and tacticsTopic B.9 Isolated practicesTopic B.10 Conditioned practicesTopic B.11 Competitive situations |
| **Y9 – half term 3****Y9 – half term 4** | Unit 2 Practical Sports PerformanceAssignment 1Sports Rules, Regulations and Scoring SystemsUnit 2 Practical Sports PerformanceAssignment 1Sports Rules, Regulations and Scoring Systems | In learning aim A, you will investigate the rules and regulations of a sport and apply the knowledge gained through observing officials in action. You might also decide to take part in national governing body coaching and leadership awards to reinforce and extend your knowledge and qualifications in this area. | Topic A.1 Rules (or laws)Topic A.2 RegulationsTopic A.3 Scoring systemsTopic A.4 Application of the rules/laws of sports in different situationsTopic A.5 SportsTopic A.6 Roles of officialsTopic A.7 Responsibilities of officials |
| **Y9 – half term 5****Y9 – half term 6** | Unit 2 Practical Sports PerformanceAssignment 3 - Sports Performance Review | For learning aim C, you will review your performance in the sports in which youparticipated. This review will look at the strengths and areas for development withinyour own performance. You will also be encouraged to consider plans to develop your performance within the selected sports.For learning aim C, you will review your performance in the sports in which youparticipated. This review will look at the strengths and areas for development withinyour own performance. You will also be encouraged to consider plans to develop your performance within the selected sports. | **Topic C.1 Observation checklist**For example, to review performance in selected sports using video analysis:● components of physical fitness● technical demands of sport (skills and techniques)● production of a checklist suitable for self-analysis of performance in selected sports● § tactical demands of sport.**Topic C.2 Review performance**● Strengths and areas for improvement: components of fitness, skills and techniques,specific to the sport and non-specific, e.g. fitness.● Self-analysis: completion of observation checklist, e.g. use of video.● Strengths and areas for improvement: tactics, the effectiveness of decision making.● Activities to improve performance (short-term and long-term goals): e.g. trainingprogrammes, use of technology, attending courses, where to seek help and advice. |