**Year 9 Health & Social Care**

|  | **Topic** | **Key concept – what do I want the students to learn from this unit?** | **What knowledge will they acquire?** |
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|  **YEAR 9 OVERVIEW** |
| **Y9 - half term 1****Y9 – half term 2****Y9 – half term 3****Y9 – half term 4** | **RO22**Communicating and working with individuals in health, social care and early years settings. | This unit will provide learners with the underpinning knowledge and understanding of how to communicate effectively and what personal qualities will contribute to the creation of a caring environment when working with individuals in a health, social care and early years setting. | On completion of this unit learners will be able to appreciate how the way they communicate and the personal qualities that they utilise when working with individuals in a health, social care or early years setting will have an impact on the care of those individuals.They will be able to demonstrate that they have those effective communication skills that are needed to work in a health, social care or early years setting. They will be able to plan effectively for interactions in a health, social care and early years setting. |
| **Y9 – half term 5****Y9 – half term 6** | RO29Understanding the nutrients needed for good health | On completion of this unit learners will have an understanding of the key nutrients required for good health from childhood to old age and be able to apply this knowledge in practical situations. | This unit gives learners an overview of the importance of diet throughout the life stages, giving them the knowledge and skills to enable them to make choices which will affect their body throughout their lives. Food is essential to our health and social well-being, throughout our daily lives from birth to old age. What we eat is often determined by a considerable number of factors. |