

**Subject: Physical Education**

**Year Group: 9**

**Term One – The following sports are taught throughout the three terms. The order depends what set the pupils are in.**

**Boys**

**Badminton, Football, Rugby, Fitness Room, Handball, OAA, Rugby through games, Boxercise, Orienteering, Athletic, Cricket, Rounders, Cross Country**

**Girls**

**Girls in Year 9 choose a games or fitness pathway.**

**Games Pathway; Football, Table Tennis, Badminton, Volleyball, Fitness Room, Netball, Handball, Athletics, Rounders, Cricket.**

**Fitness Pathway**

**Zumba, Fitness Room, Yoga, Circuit Training, Boxercise, Fitness Room. Bootcamp, Aerobics, Athletics, Rounders**

**Term Two**

**Term Three**

