

**Subject: Physical Education**

**Year Group: 7**

**Term One**

Boys Study the following on a rota through the three terms. Trampolining, Badminton, Rugby (set 1 double block), (set 2 Multi Skills), Handball, Fitness, Dance, Football, Rounders, Athletics.

Girls Study the following on a rota through the three terms. Trampolining, Badminton, Netball (double block), Handball, Fitness, Dance, Rounders, Athletics, Gymnastics

**Term Two**

**Term Three**



**Subject: Physical Education**

**Year Group: 8**

**Term One**

Boys Study the following on a rota through the three terms. Trampolining, Badminton, Rugby (set 1 double block), (set 2 Multi Skills), Handball, Fitness, Dance, Football, Rounders, Athletics.

Girls Study the following on a rota through the three terms. Trampolining, Badminton, Netball (double block), Handball, Fitness, Dance, Rounders, Athletics, Gymnastics

**Term Two**

**Term Three**



**Subject: Physical Education**

**Year Group: 9**

**Term One**

Boys Study the following on a rota through the three terms. Trampolining, Badminton, Rugby (set 1 double block), (set 2 Multi Skills), Handball, Fitness, Football (double block), Rounders, Athletics.

Girls Study the following on a rota through the three terms. Trampolining, Badminton, Netball (double block), Handball, Fitness, Dance, Rounders, Athletics, Gymnastics

**Term Two**

**Term Three**

